

Compatibility UK List

VEGETABLES

Alfalfa sprouts
Asparagus
Avocado
Beans
Beetroot
Broccoli
Brussels Sprouts
Cabbage
Capsicum
Carrot
Cauliflower
Celery
Cucumber
Eggplant
Lettuce
Marrow
Mushroom
Olives
Onion
Parsley
Peas
Peas
Potato
Pumpkin
Rhubarb
Runner Beans
Arugula
Shallots
Snow Peas
Spinach
Spring Greens
Sugar Snap
Swede
Sweet Potato
Tomato
White Turnip
Courgette

FRUIT

Apples
Oranges
Banana
Strawberry
Watermelon
Mango
Lemon
Kiwifruit
Grapes

List subject to change

Peaches
Pears
Mandarines
Pineapple
Passionfruit
Cherries
Plums
Pawpaw
Apricot
Sultanas
Raisins
Grapefruit
Rockmelon
Raspberries
Red Currants
Prunes
Dates
Galia Melon
Nectarines
Limes

SEAFOOD

Tesco Omega Fish Fingers 10 Pack
300G
Tesco Smooth Smoked Scottish
Salmon Pate 100G
Tesco Seafood Sticks
Tesco Smoked Salmon
Grants Traditional Smoked Scottish
Salmon 300G
Tesco Cooked Mussels
Tesco Prawns
Tesco Raw Squid Rings
Van Smirren Cockles
John West Kippers in oil
Tesco Smoked Kippers with
Butter
Glenryk Pilchards in Tomato sauce
Tesco Boneless Smoked Haddock
Tesco Smoked Mackerel
Tesco Sardines in Tomato Sauces
Tesco Sardines in Sunflower oil
Tesco Rollmop Herrings
Black Pudding (ALL)
Tesco Boneless Cod Fillets
Tesco Boneless Sea Bass
Kipper (Manx)

ALCOHOLIC DRINKS

Jack Daniel's Tennessee Whiskey
Gordon's Premium Pink Distilled
Gin
Kopparberg Strawberry & Lime
Cider
Birra Moretti Lager Beer
Carling Lager
Smirnoff Ice
Corona Extra
Malibu White Rum With Coconut
Fosters Lager Beer
Smirnoff Red Label Vodka
Heineken Larger
Budweiser
Stella Artois Larger
Captain Morgan Dark Rum
Lams Navy Rum
Tesco Dark Rum
Malibu White Rum With Coconut
Three Barrels Brandy
Courvoisier V.S. Cognac
Tesco Napoleon Brandy
The Famous Grouse Scotch Whisky
Scots Club Blended Scotch Whisky
Ballantines Finest Blended Scotch
Whisky
Glenfiddich Single Malt Scotch
Whiskey
Chivas
Red Wine (all)
White Wine
Champagne (all)

TEA

Clipper Organic
Pg Tips Decaffeinated
Tesco Finest English Breakfast
Tesco Gold
Tetley Original
Thompson's Special Everyday
Twinings English Breakfast
Twinings Every Day
Yorkshire 80 Tea Bags
Yorkshire Decaffeinated

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OTHER DRINKS

Choc Quik
Coffee (all Types)
Coke
Coke Diet
Cranberry Juice
Fanta (Orange)
Ginger Ale
Instant Choc (Cadbury)
Milo
Ovaltine
PepsiMax
Sprite-Lemonade

HERBAL TEAS

Chamomile Tea
Dandelion Tea
Green Tea
Peppermint Tea
Ribena

CONDIMENTS

Apple Cider Vinegar
Malt Vinegar
B.B.Q. Sauce (HP)
Beef Stock (Magi)
Beef Stock (OXO)
Bovril
Celtic Salt (sea salt)
Chicken Stock (OXO)
Chilli
Cinnamon
Curry Powder
Garlic
Ginger
Gravox
Hinz Salad Cream
Horseradish sauce
HP sauce
Marmite
Mint Sauce
Mixed Spice
Mustard
Nutmeg
Pepper (black and white)
Cayenne Pepper
Rock salt
Salt (refined table)
Salt Herbemare Vege Salt
Soy sauce
Tomato Sauce

List subject to change

Vegemite
Vegetable Stock (OXO)
Vanilla (pure)
Worcester sauce

DAIRY FOODS

Butter
Carnation Milk
Condensed Milk
Cows Cheese
Cows Cream (all)
Cows Yoghurt
Goats Cheese
Margarine (all types)
Rice Milk Provamel)
Rice Milk Rice Dream)
Semi-Skim Milk
SkimmedMilk
So-Good
Soy Cheese
Soy Yoghurt
Tofu
Whole Milk Ice

SEEDS

Linseed (flax seed oil)
Poppy
Sesame
Sunflower

MEATS

Bacon
Beef
Chicken
Ham
Lamb
Pork

OILS and FATS

Crisp & Dry Oil
Grape Seed Oil
Lard
Olive Oil
Rice Bran Oil
Sunflower

FOOD COLOURINGS

Blue
Green
Red
Yellow

NUTS

Almonds
Brazil
Cashews
Hazel
Macadamia
Pecans
Pine Nuts
Pistachio
Walnut

DRIED HERBS

Basil
Chives
Coriander
Mixed Herbs
Oregano
Rosemary
Season-All

GRAINS / CEREALS

Bite Size Rice Snaps
Cherrios (Nestle)
Chick Peas
Coconut
Corn Thins
Cornflakes
Hokkien Noodles
Honey Nut Sh.Wheat
Kidney Beans
Nutrigrain
Oats (Morning flake)
Oat Bran
Pasta (DurhamWheat)
Rice Basmati
Rice Brown
Rice Bubbles
Rice Crackers
Rice Jasmine
Rice Noodles
Rice Thins
Rice White
Weet a Bix

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FLOUR

Wholemeal Flour
Rye Flour
White Flour Plain
White Flour Self Raising
Cornflour
Buckwheat Flour
Bi Carb Soda

SUGARS SWEETERERS

Canderel-E (aspartame)
Demerara Sugar
Golden Syrup
Honey
Maple Syrup (clarks)
Saccharine (Hermestetas)
Splenda
Sugar Brown
Sugar White

CHOCOLATE SWEETS

Carob
Chocolate (Lindt)
Galaxy Milk CVhocolate
Galaxy Ripple Chocolate
Multipack
Galaxy Salted Caramel
Chocolate Bar 135G
Liquorice
Ms Molly's Milk Chocolate
Bar 100G
Snickers Chocolate
Multipack 4 X41.7G
Tesco Classic 74% Dark
Chocolate 100G
Tesco Milk Chocolate Raisins
200G

LAUNDRY KITCHEN

CHEMICALS

Aeroguard
Almat Laundry liquid
Tropical
Almat Laundry Tablets-Bio
Almat Washing liquid
Lavender
Bleach

Cold Power
Domestos
Fluffy Fabric Softener
Fly Spray
Lenor Fabric softener
Nappisan
Newspaper Ink
Persil
Persil Dish Liquid
Pine-O-Cleen

BATHROOM CHEMICALS

Aquafresh (all types)
Baby shampoo (Johnsons)
Banana BoatSunscreen
Colgate (all types)
Dove Deodorant
Dove Soap
GilletteShaving Foam
Lux BodyWash
Mum Deodorant
Nivea
Palmolive Gold Soap
Palmolive shower Milk
Pantene
Sensodyne
Talcum Powder
Wella Balsam

METALS

Aluminium
Gold
Mercury
Silver

HAIR/FIBRES

Alpaca Wool
Bamboo
Cotton
Mixed Feathers
Polyester
Silk
Wool

GLUTEN FREE

ASDA Free From 2 Plain Naans
Schar Gluten Free Cream Crackers
BFree stone baked GF Pitta Bread
BFree Stone Baked Pitta Breads
BFree Sweet Potato Loaf with
Pumpkin & Sunflower Seeds
Free From Gravy Granules
Free From Lasagne Sheets
Free From Long Life Coconut
Drink
Free From Long Life Oat Drink
Free From Mature Cheddar
Alternative
Free From Mayonnaise
Free From Spaghetti
Free From Special Flakes
Genious Gluten Free 4 Crumpets
Genius Gluten Free 4 Crumpets
Genius Gluten Free Brioche Burger
Buns 2 Pack
Genius Gluten Free Sliced Fruit
Loaf
Genius Gluten Free Soft White
Farmhouse
Genius Gluten Free Toastie
Genius Gluten Free White Rolls
Genius Gluten-Free Protein Punch
5 Bread Crisps
Goodfella's Gluten Free Margherita
Pizza
Nairns Gluten Free Chocolate Chip
Biscuits
Nestle Gofree Cornflakes
Schar Gluten Free White Rolls
Schar Gluten Free Wholesome
Seeded Loaf
Schar Gluten Free Wholesome
White Loaf
Tesco Free From 4 white Tortila
Wraps
Tesco Free From Brown Bread
Tesco Free From Digestive Biscuits
Tesco Free From Pure Oats
Tesco Free From Sliced White
Bread
Tesco Free From Spaghetti
Warburtons Gluten Free 4 White
Sandwich Thins

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Warburtons Gluten Free
Artisan Tiger Bloomer
Warburtons Gluten Free
Artisan White Sourdough
Cob
Warburtons Multiseed Loaf
Gluten Free
Warburtons White Loaf
Gluten Free

BAKERY

Hovis Original 7 seeds bread
Hovis Soft White Medium
Bread
Hovis Wholemeal Medium
Bread
HW Nevill's Wholemeal
Bread
Kingsmill Soft White Medium
800g
Tesco Ciabatta Roll
Tesco Multiseed Batch
Tesco Panini 4 Pack
Tesco Seeded Panini
Tesco White Bread
Tesco Wholemeal Bread
Warburtons Crumpets
Warburtons Farmhouse
White bread
Warburtons Old English White
Bread
Warburtons Sliced Tiger
Warburtons Toastie Sliced
White Bread

STOCK

Bovril Beef Extract
Kallo Organic Vegetable Stock
Cubes
Kello Organic Beef Stock Cubes
Knor Lamb Stock
Knorr Organic Vegetable Stock
Pot
OXO Beef Stock
OXO chicken Stock
Tesco Finest Vegetable Stock

LENTILS SOUP MIXES

East End Brown Lentils
East End Green Lentils
Grace Chicken Flavour Noodle
Soup Mix
Grace Cock Flavour Soup Mix 50G
Grace Fish Tea Soup Mix 50G
Grace Pumpkin Soup Mix 50G
Jamie Oliver Lovely Lentils
Natco Red Lentils 1Kg
Tesco Red Split Lentils 500G
Tesco Vegetable Soup Mix 720G
Tesco Yellow Split Peas 500G

OTHERS

Cigarette Smoke
Fish oil Capsules
Nurofen
Panadol
paracetamol
Probiotics
Baked Beans (Heinz)
Spaghetti (Heinz)
Dried Peas
Corn
Cress
Haggis (ALL)
Stout